SunnyBrook of Carroll Assisted Living and Memory Care September 2019 712-792-8995

Sun	Mon	Tues	Wed	Thu	Fri	Sat
29 Sunday Luncheon **8:30**-Catholic Communion 9:30-Exercise with Weights 10:00-Coffee Chat 1:00-Pretty Nails 1:30-Popcorn and M&Ms 3:00-Cards 4:00-Famous Faces Trivia 6:00-After Dinner Chat	**30** 9:15-Exercise Room 10:00-Table Games-Scrabble 11:00-**Sing A Long** 11:30-**Dinner Music** 1:00-**Shopping Day** 3:00-**BINGO** 6:00-After Dinner Chat	**Activities Are Subject to Change**				**2nd Tuesday of the Month is Caregiver Support Group from 3:00pm -4:00pm Hosted by: Sunnybrook and Kindred Hospice**
1 Family Grill Out DAY **8:30**-Catholic Communion 10:00-Bean Bag Toss 1:00-Pretty Nails 2:00-Movie-Western 3:30-lemonade Outside 4:00-Cards 6:00-After Dinner Chat	**1 Labor Day** 9:15-Èxercise outdoors 10:00-Cards-Kings Corner 11:00-**Hymn Sing** 11:30-**Dinner Music** 1:00-**Shopping Day** 3:00-**BINGO** 6:00-After Dinner Coffee **National Blueberry Popsicle**	**3** 9:15-**Live 2B Healthy** 10:30-**Bible Study** 1:00-Van Ride **A& W Jefferson** 2:30-Cards 3:30-**Dave Gray** 6:00-Hot Chocolate-Patio 6:00-Dominoes	**4** 9:15-Exercise Fitness Room 10:00-**Christian Devotions** 10:30-Coffee Chat and Trivia 11;00-Jefferson Outing 2:00-Patio Chat 2:00-Coffee Chat 3:00-Cards 6:00-Evening Heart to Heart	**5** 9:15-**Live 2B Healthy** 10:00-Coffee Chat 10:30-Exercise to Music 1:00-Cards 2:45-**Johnathon May-Magic Man** 3:00-Cards and Coffee 6:00-One on One Visits	**6** 9:15-Exercise 9:45-Coffee Chat 10:00-Rosary 10:30-**Communion** 1:00-Cards 2:00-Hand Massages 3:00-**Social Hour** 6:00-After Dinner Chat	**7 National Salami Day** 9:15-Exercises 10:00-Dominoes 1:00-Hand Massages 2:00-Table Games 3:00-**Family & Friends Ice Cream Sundaes** 6:00-After Dinner Walk
8 Grandparents Day **8:30**-Catholic Communion 9:00-**Garden Quilt Show Reiman Gardens Ames** 10:00-Coffee Chat 1:00-Pretty Nails 1:30-Popcorn Chat 3:30-Kings Corner 6:00-After Dinner Chat	**9** 9:15-Exercise Fitness Room 11:00-**Sing A Long** 11:30-**Dinner Music** 1:00-**Shopping Day** 3:00-**BINGO** 4:00-Coffee and Chat 5:15- **Corey Friesen**	**10 National Ants On a Long Day** 9:15-**Live 2B Healthy** 10:00-Reminisce with Rolls 1:00-**Van Ride** 2:00-3:00-Caregiver Support 3:00-Cards 6:00-Checkers	**11 Day of Remembrance 9/11** 9:15-Exercise Fitness Room 10:00-**Christian Devotions** 10:30-Pet Therapy 1:00-Bean Bag Toss Tourney 1:00- Home Health Foot Clinic 2:30-Pass out Cards 9/11 6:00-Evening Heart to Heart	**12** 9:15-**Live 2B Healthy** 10:00-Uno 10:30-Walking 1:00- **BINGO** 2:00-**RSVP** 3:00-**Refreshments** 6:00-One on One Visits	**13 Peanut Day** 9:15-Exercise 9:45-Coffee Chat 10:00-Rosary 10:30-**MASS** 1:00-Making **No Bake Desserts** 3:00-**Social Hour** 6:00-After Dinner Chat	**14** 9:15-Exercise 10:00-Kings Corner 1:00-Fact or Crap Game 2:00-Yard Games 3:00-**Family & Friends Ice Cream** 6:00-After Dinner walk
15 **8:30**-Catholic Communion 10:00-Coffee Chat 1:00-Cards 1:00-Pretty Nails 1:30-Popcorn Chat 2:00-**Movie** 6:00-After Dinner Chat	**16** 9:15-Exercise walking outside 10:00-Cards-Kings Corner 11:00-**Hymn Sing** 11:30-**Dinner Music/** 1:00-**Shopping Day** 3:00-**BINGO** 6:00-After Dinner Coffee	**17** 9:15-**Live 2B Healthy** 10:00-Fun Facts 11:00-**Ladies Lunch Outing** 1:30-**Luke Farland** 3:00-Coffee and Reminisce 6:00-Dominoes	**18** 9:15-Exercise 10:00-**Christian Devotions** 10:30-**Storm Lake Outing Lunch & Museum** 1:00-Cards UNO 2:30-Pretty Nails 3:30-Bean Bag Toss 6:00-Evening Heart to Heart	**19 Butterscotch Day** 9:15-**Live 2B Healthy** 10:00-Coffee Chat 10:30-Cranium Crunches 1:00-Making Butterscotch Pudding 2:00-Table Games 3:00-**BINGO** **4:30-Grill Out** 6:00-One on One Visits	**20** 9:15-Exercise with Weights 9:45-Coffee Chat 10:00-Rosary 10:30-**Communion** 10:30-**Jefferson Outing** 1:00-Yard Games 3:00-**Social Hour** 6:00-After Dinner Chat	**21 Octoberfest Begins** 9:15-Exercise 10:00-Dominoes 1:00-Fact or Crap Game 2:30-Crazy 8's Card Game 3:00-**Family & Friends Ice Cream Shakes** 6:00-After Dinner Coffee
22 **8:30**-Catholic Communion 10:00-Coffee Chat 11:00-Cards 1:00-Pretty Nails 2:00-Yahtzee 6:00-After Dinner Chat	**23 Picnic in the PARK** 9:15-Exercise to Lite Music- 10:00-Cards-Kings Corner 11:00-**Hymn Sing** 11:30-**Dinner Music** 1:00-**Shopping Day** 3:00-**Bingo** 7:00-Happiness Express	**24** 9:15-**Live 2B Healthy** 10:00-Fun Facts about Music 11:00-**Couples Lunch Outing** 1:00-Table Games 3:00-Cards 6:00-Dominoes	**25** 9:15-Exercise to Jazz Music 10:00-**Christian Devotions** 10:30-Coffee Chat 1:00-Making Fleece Blankets 3:00-Cards 6:00-Evening Heart to Heart	**26** 9:15-**Live 2B Healthy** 10:00-Fitness Room 1:00-Dollar Tree Outing 2:00-Cards 3:00-**BINGO** 4:00-Patio Lemonade 6:00-After Dinner Chat	**27 Chocolate Milk Day** 9:15-Exercise at the Track 9:45-Coffee Chat 10:00-Rosary 10:30-**MASS** 1:30-Resident Meeting 3:00-**Social Hour-Birthdays** 6:00-After Dinner Chat	**28** 9:15-Exercise Room 10;30-Group Table Games 11:00-Coffee Chat 1:00-Scrabble Group 3:00-Strawberry Pie Day 4:00-Cards 6:00-After Dinner Chat Outdoors