


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BATTERED FISH TARTAR SAUCE FRIED POTATOES SAVORY GREEN BEANS BREAD/MARG TROPICAL UPSIDE-DOWN CAKE HAM POTATO GRATIN PEAS FRESH BAKED BREAD DESSERT	1 SPAGHETTI & MEATSAUCE TOSSED GREENS W/ DRSG GARLIC TOAST TRIPLE FUDGE BROWNIE TOMATO SOUP CRACKERS EGG SALAD SANDWICH LETTUCE & TOMATO SLICE MANDARIN ORANGES <i>Canada Day</i>	2 PORK CHOP BAKED SWEET POTATO MALIBU BLEND VEGETABLES BREAD/MARG PEACH MELBA BURGER W/ BACON LETTUCE /TOMATO /ONION SCALLOPED CORN SEASONAL FRESH FRUIT	3 OPEN FACE HOT BEEF SANDWICH MASHED POTATOES BEEF GRAVY GLAZED CARROTS STRAWBERRY PIE CHICKEN TENDERS MASHED POTATOES VEGETABLE BREAD PUDDING	4 FAMLIY GRILL-OUT PIZZA CUCUMBERS SALAD SEASONAL FRESH FRUIT COOKIE <i>Independence Day (US)</i>	5 DILL SALMON RICE CAULIFLOWER AU GRATIN BREAD/MARG SEASONAL FRESH FRUIT HAM SALAD SANDWICH SOUP CRACKERS PEACH COBBLER W/ WHIPPED TOPPING	6 PORK LOIN POTATO SALAD BAKED BEANS BREAD/MARG SEASONAL FRESH FRUIT HOMEMADE VEGETABLE BEEF SOUP CRACKERS DELI SANDWICH PEARS
7 BEEF POT ROAST POTATOES/CARROTS/ONION PAN GRAVY ROLL/MARG PIE DENVER HASHBROWN CASSEROLE CINNAMON ROLL CHILLED FRUIT	8 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BEET SALAD BREAD/MARG PUDDING BLT SANDWICH MACARONI AND CHEESE PEA SALAD FRESH MELON CUP	9 HONEY MUSTARD CHICKEN SMASHED POTATOES ASPARAGUS BREAD/MARG POUND CAKE W/ STRAWBERRIES POTATO SOUP DELI SANDWICH CRACKERS FRUIT COOKIE	10 PORK CHOP BROCCOLI CHOICE POTATO GARLIC TOAST CHERRY FLUFF TACO SALAD W/TOPPING SEASONAL FRESH FRUIT	11 MEATLOAF POTATO SALAD CAPRI BLEND VEGS BREAD/MARG CREAM PUFF DESSERT <i>CHICKEN CORN CHOWDER</i> CRACKERS TOMATO & CUCUMBER SALAD CHEDDAR CORNBREAD BANANA SPLIT ICE CREAM	12 BATTERED FISH TARTAR SAUCE FRIED POTATOES SAVORY GREEN BEANS BREAD/MARG TROPICAL UPSIDE-DOWN CAKE HAM POTATO GRATIN PEAS FRESH BAKED BREAD DESSERT	13 CHICKEN RANCH PASTA BAKE CORN BREAD/MARG ICE CREAM TURKEY & SWISS POTATO CHIPS MANDARIN ORANGES SHERBET
14 PORK LOIN BAKED SWEET POTATO PEAS ROLL/MARG PIE ITALIAN GOULASH MACARONI SALAD PEARS	15 LEMON PEPPER TILAPIA FILET RICE PARSLIED CARROTS ICE CREAM GRILLED CHICKEN ON BUN FRIES PEA SALAD FRUIT CUP	16 SWISS STEAK W/ TOMATOES MASHED POTATOES BEEF GRAVY CORN FRESH BAKED BREAD POKE CAKE CHICKEN SALAD SANDWICHES CHIPS MANDARIN ORANGES CAKE W/FROSTING	17 CHICKEN KIEV STUFFING MALIBU BLEND VEGETABLES SEASONAL FRESH FRUIT PIZZA 3 BEAN SALAD LEMON BAR MILK	18 MAPLE GLAZED HAM BAKED POTATO SOUR CREAM GREEN BEANS BREAD/MARG BERRY GELATIN CREAM OF TOMATO SOUP CRACKERS GRILLED CHEESE BROCCOLI SALAD CHILLED FRUIT	19 HERB ROASTED CHICKEN MASHED POTATOES CHICKEN GRAVY CAPRI BLEND VEGS BREAD/MARG BLONDIE BAR RAVIOLI W/ MARINARA SALAD GARLIC TOAST ICE CREAM	20 HONEY GARLIC CHICKEN SCALLOPED POTATOES PICKLED BEETS BREAD/MARG SEASONAL FRESH FRUIT TACO SALAD W/TOPPING BUTTER PECAN SUNDAE
21 ROAST TURKEY ROASTED RED POTATOES PAN GRAVY CREAMED PEAS ROLL/MARG PIE CHICKEN & DUMPLING SOUP CRACKERS COTTAGE CHEESE COOKIE	22 PORK LOIN BAKED SWEET POTATO GARLIC MASHED POTATOES BREAD/MARG DESSERT TURKEY CROISSANT SOUP POTATO CHIPS CHILLED FRUIT	23 BEEF BRISKET TEXAS TOAST BAKED BEANS APPLE PIE LASAGNA BAKE TOSSED GREENS W/ DRSG GARLIC TOAST MAGIC COOKIE BAR	24 ROASTED CHICKEN POTATOED SALAD VEGETABLE BLEND BANANA CREAM PIE HAM STEAK VEGETABLE BLEND POTATO SALAD SEASONAL FRESH FRUIT	25 ROAST BEEF MASHED POTATOES BEEF GRAVY ASPARAGUS BREAD/MARG CHEESECAKE BROCCOLI STUFFED CHICKEN MIXED VEGETABLE FRESH BAKED BREAD SHERBET	26 SALISBURY STEAK W/ MUSHROOM GRAVY CHEF'S CHOICE OF POTATO CORN BREAD/MARG PEARS BAKED FISH VEGETABLE BLEND GARLIC TOAST CAKE	27 BAKED HAM FRIED POTATOES BROCCOLI RANCH SALAD BREAD/MARG SEASONAL FRESH FRUIT TATERTOT CASSEROLE GREEN BEANS ICE CREAM SANDWICH
28 DELIGHTFUL SUNDAY BRUNCH SOUP DE JOUR MEAT SALAD SANDWICH DESSERT	29 SCALLOPED POTATOES & HAM MALIBU BLEND VEGETABLES DESSERT MEATLOAF MASHED POTATOES/MARG VEGETABLE BLEND CAKE	30 PORK CHOP PARSLIED CARROTS ROASTED RED POTATOES PAN GRAVY CREAMED PEAS ROLL/MARG PIE GRILLED TURKEY AND SWISS CHEESE SANDWICH POTATO CHIPS DESSERT	31 SWEET & SOUR CHICKEN EGG ROLL ICE CREAM CUP CHICKEN BREAST TENDERS MASHED POTATOES VEGETABLES CHICKEN GRAVY ICE CREAM	 <h1>July 2019</h1> <p>“Independence now and forever!” <i>Daniel Webster, eulogy, August 2, 1826</i></p>		